

## Workshop: An evening journey

**Name of activity:** An evening journey (name can be adjusted depending on the time of the day when the activity takes place)

**Duration:** 40-60 minutes, depending on the number of participants

**Type:** in-person workshop

**Number of trainers:** 1 facilitator

**Number of participants:** maximum 30

**Participants profile:** Ventures, Rovers, Scout leaders, or Adults in Scouting

**Objectives:** At the end of the workshop participants will be able to:

- identify the connection between humanitarian action and community involvement, linking it with human rights, diversity & inclusion, dialogue, and overall promotion of cultures of peace within Scouting and beyond

*Note:* This workshop was designed to be facilitated at national or international jamborees. The approach and methods can be adapted by the facilitator to meet the educational purpose of the activity.

Time	Cumulated time	Session topic	Content	Resources needed
15 min	15 min	Welcome and introduction	<ul style="list-style-type: none"><li>- welcome everyone</li><li>- introduction of facilitator, the elf travelling from far, far away</li><li>- each participant says their name, country/ local Scout group and one thing that helps them to <i>be prepared</i>.</li></ul>	

			<p>Introduce participants in the story:</p> <p>This elf (the facilitator) comes from a far-away land where times are not so peaceful as they are here on the site of the jamboree.</p> <p>Out in the world, people struggle with extreme poverty, with discrimination based on their race, ethnicity, religion, sex, gender, spectrum of mental and physical abilities – just to name a few. Some of them are under constant threat of existing armed conflict, lacking access to clean water, food, medical services or even to a safe place to take shelter. People are being deprived from education or access to what contemporary world could offer. People face human rights violations.</p> <p>By being here you have shown that you are prepared to take this journey, in which you will have the space and time to safely reflect on these topics.</p> <p>I remind you that this is a safe space, where everyone is welcome and invited to respectfully embark in this journey, being mindful of the diversity of our group.</p> <p>In this journey you will be invited to form pairs with someone you haven't met yet, and in your pairs to answer some questions.</p>	
20 min	35 min	Walk and talk	<p>Participants form pairs and walk around the forest nearby, following the facilitator, and answering a few questions. When time to share in pairs is finished (3 min/ question), they will hear a bell.</p> <p>Questions:</p>	<p>bell</p> <p>list of questions</p>

			<ul style="list-style-type: none"> <li>- What age were you when you first noticed an act of discrimination? What was that about?</li> <li>- Think about your community, what challenges do people face?</li> <li>- How do your local Scout group engage in the community?</li> <li>- What do you, as a member of the community/ adult in Scouting, consider an urgent need in your community?</li> <li>- What do you need more to start or continue to take action?</li> </ul> <p>When you finish the questions, make sure you arrive in a comfortable, safe and silent space where you can ask participants, if they wish to, to share the main ideas discussed during the exercise.</p>	
10 min	45 min	<i>Maybe</i> by Kobi Yamada	Invite participants to relax, maybe sit down on the grass, if needed to take a few breaths. Prepare them to listen to the story (story is attached after the table).	story
15 min	60 min	Wrap up and evaluation	<p>Wrap up and allow participants to provide feedback if they wish to.</p> <p>Examples of feedback structures:</p> <p><i>I understood..., and for the future I need...</i></p>	

Have you ever wondered why you are here? (pause)

You are the only You that ever has been or ever will be. You have so much to offer. (pause)

Maybe you will invent something that no one has ever seen before? (pause)

Maybe you will build things that reach high into the sky. (pause)

Your life is yours. Try as many things as you can try. See as much as you can see. (pause)

Wherever you go, take your hopes, pack your dreams, and never forget – it is on journeys that discoveries are made. (pause)

Maybe you will help others to see the beauty in each day. (pause)

Or maybe you will lift cheering crowds onto their feet. (pause)

Do everything with love. Follow your heart and see where it leads you. (pause)

Maybe you are here to shine a light into places that have been dark for too long. (pause)

Maybe you will speak up for those who can't speak for themselves. (pause)

Maybe you are here to help in ways that only you can. (pause)

There will be struggles, there will be fears, and it won't always be easy. (pause)

At times it will feel really hard. And you might make a mess of things. You may fall down. (pause)

You may fail. (pause)

But you will also get back up, and you will rise a little stronger and a little taller. Because there really is more inside you than you know. And this world needs your gifts, your talents, your big ideas. (pause)

And maybe you are just getting started. (pause)

What if you are only scratching the surface of what you can do and who you can be? (pause)

What if you have talents you haven't discovered yet? There is something powerful, even magical, about you. (pause)

You already have everything it takes to do big things. (pause)

Maybe you have no idea just how good you really can be. And maybe you don't know how much you matter. But maybe, just maybe, the world has been waiting centuries for someone exactly like you. (pause)

One thing is for sure, you are here. And because you are here... (pause)

...anything is possible.

'Maybe' by Kobi Yamada - a story of the endless potential in all of us